

# The importance of personality resources in teachers' work during times of social-economic crisis: a mediational perspective

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Compassion plays a crucial role in fostering positive relationships between teachers and children. The issue analysed in the study is significant, because in times of social-economic crisis, personal resources appear to play a significant role in maintaining inner harmony and a compassionate attitude towards others among teachers. The aim of the current study was to understand the nature of relationships between the Light Triad, as an internal resource, and compassion for others within a mediational context of inner harmony among teachers work during times of social-economic crisis. The study was conducted on a group of 261 teachers working in primary schools, secondary schools, preschools and universities. The measures consisted of the Light Triad Scale, the Compassion Scale for Others, and the Inner Harmony Scale. The most significant finding revealed that inner harmony mediated the relationship between all the dimensions of the Light Triad with compassion for others. The research also demonstrated direct associations between the dimensions of the Light Triad with compassion for others and inner harmony. The study indicated that compassion for others is a crucial attribute, particularly in the role of a teacher, which justifies the need for further development of research and concepts within this research group.

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