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The association between fear of pandemic COVID-19 and achievement motivation in university students. The mediating role of stress coping.

Wednesday, 6 March 2024 14:50 (15 minutes)

Background. The analyzed topic holds importance because it indicates the relationship between students' motivation and the anxiety experienced in connection to isolation and the risk of illness occurring during the pandemic.

Aim. The main aim of the study was to check the role of coping with stress in the relationship between pandemic anxiety and achievement motivation in a group of polish students.

Methods. The survey was conducted online on a group of Polish students (N = 140) living in various voivodeships. In the study, pandemic anxiety was measured using the Kwestionariusz Postaw Koronowirusa (KPK), preferred methods of stress reduction and achievement motivation were measured using the polish adaptations of Proactive Coping Inventory (PCI) and the Achievement Goal Questionnaire - Revisited (AGQ-R).

Results. In the study two models of mediated mediation and six models of cooperative suppression were confirmed.

Conclusion. The study showed that there are connections between stress coping styles and students' motivation. At first glance, fear of the pandemic was not strongly related to the variables. Only more advanced analyzes showed its significance. This relationship may have resulted from the period of collecting responses, when vaccines were already partially available to students.

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