

## *New approaches in regulating psychoemotional states: perspectives from human and life sciences*

Thursday, 4 **March 2025, 12.05.00 PM**, Jelgavas iela 3, Riga.

## Programme

12.00 – 12.20	Arrival & Registration		
12.20 – 12.30	<b>Prof. Kristaps Jaudzems</b> Dean of the Faculty of Medicine and Life Sciences, University of Latvia	Conference Opening Speech	
Session I			
12.30 – 12.35	<b>Prof. Valdis Pīrāgs</b> Institute of Clinical and Preventive Medicine, The Faculty of Medicine and Life Sciences,University of Latvia	Opening Speech	
12.35 – 13.00	<b>Prof. Baiba Jansone</b> Head of the Department of Neuromedicine and Neuroscience, Faculty of Medicine and Life Sciences, University of Latvia	Substances that affect the CNS Q&A	
13.00 – 13.30	<b>Ethan Nadelmann</b> USA, Drug Policy Alliance	Why is it so challenging to overcome societal stigma around drug policy and psychedelics, particularly in the context of ethical considerations? Q&A	
13.30 – 14.15	<b>Prof. Wim van den Brink</b> Emeritus Professor of Psychiatry and Addiction at the Academic Medical Center, University of Amsterdam	Psychedelic-assisted treatment in addiction Q&A	
14.15 – 15.00	<b>Prof. Gitte Moos Knudsen</b> Chief neurologist at Dept Neurology and chairman at the Neurobiology Research Unit (NRU), Rigshospitalet, and Director of Center for Experimental Medicine Neuropharmacology (NeuroPharm). Professor in	Are so-called non-hallucinogenic compounds really non- psychedelic?" Q&A	

	Clinical Neurobiology at the University of Copenhagen (UCPH).	
15.00 – 15.25	Viljar Veede Psychiatrist; founding member of Foundation for Therapeutic Advancement and Innovation with Psychedelics (TAIP), Estonia	Early stages of psychedelic-assisted therapy in Estonia Q&A
15.25 – 15.55	Coffee break, discussions	
Session 2		
15.55 – 16.00	<b>Prof. Mārcis Auziņš</b> Chair of the University of Latvia Council, Head of the Department of Experimental Physics of the Faculty of Physics, Mathematics and Optometry, University of Latvia	Opening Speech
16.00 – 16.30	<i>Kaspars Eihmanis, PhD</i> Faculty of Humanities, University of Latvia	Psychedelics and philosophy: de-mystification and intellectual legitimization Q&A
16.30 – 17.00	<b>Asoc. prof. Vents Sīlis</b> Faculty of Social Sciences, Riga Stradins University	Can psychedelic experiences serve as a catalyst for the process of individuation as understood by C.G. Jung Q&A
17.00 – 17.45	<b>Prof. David Nutt</b> The Edmond J. Safra Chair in Neuropsychopharmacology and director of the Neuropsychopharmacology Unit in the Division of Brain Sciences, Imperial College London	The Potential to Treat Mental Health Disorders with Psychedelics Q&A
17.45 – 18.30	<b>Dr. Rick Strassman</b> Clinical associate professor of psychiatry at the University of New Mexico School of Medicine	Why do we seek out altered states of consciousness, what happens to us during these experiences, and how can we understand and integrate their meaning? Q&A
18.30	Conclusions, discussions	