

**International Scientific Conference on Medicine and Health Sciences  
of the University of Latvia 2026**

**ABSTRACT REQUIREMENTS**

**Important dates:**

- Opening of Abstract submission: Monday, November 24, 2025
- Deadline for Abstract submission: Sunday, January 25, 2026; Midnight, EET (GMT+2)
- Notification of acceptance/rejection: by 1 March 2026

**How to submit an abstract:**

1. Abstracts may only be submitted online via the conference website. Abstracts sent by mail, e-mail will not be accepted.
2. Authors are requested to conform to the guidelines for abstract submission. Abstracts not conforming to the guidelines will not be sent for review.
3. Abstracts must be submitted and presented in English.
4. Abstracts in the fields of medicine and health sciences may be submitted in the following areas:
  1. Internal medicine-cardiology
  2. Internal medicine- gastroenterology
  3. Internal medicine- endocrinology
  4. Internal medicine -pulmonology, nephrology, rheumatology
  5. Mental health, neurology and neuropharmacology
  6. Gynaecology, obstetrics
  7. Surgery, traumatology, orthopaedics
  8. Anaesthesiology and intensive care
  9. Ophthalmology
  10. Paediatric cardiology, paediatric cardiac surgery
  11. Paediatrics
  12. Oncology
  13. Nursing
  14. Pharmaceutical sciences
  15. Public health
  16. Epidemiology
  17. Infectious diseases
  18. Other basic medical sciences
  19. Other clinical medical topics.
5. Abstracts must contain original material.
6. Abstracts on individual case reports and literature reviews will not be accepted.
7. Authors are responsible for the content of their abstracts. All material must be the original work of the authors.
8. Abstracts must be submitted by filling out the submission form, where the presenting author confirms that all the listed authors have approved the abstract. After submission, the abstract cannot be edited.
9. The presenting author should be indicated at submission. It is not required for the presenting author to be the first one. Any of the authors can be the presenting author.

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10. Abstract submission obligates the presenting author to be present at the conference. In case of non-attendance authors will be denied participation in future events.
11. Students submitting abstracts must have at least one co-author (academic personnel, researcher or certified professional) with experience in the respective field.
12. Review of abstracts:
  - 12.1. Abstracts are reviewed by editors approved by the Scientific Committee.
  - 12.2. If an abstract is rejected, the organizers are not obliged to explain the reasons for rejection. In select cases, the editor may permit the corresponding author to correct and resubmit the abstract. The editor may choose to give more detailed information on the necessary changes. The editor is not responsible for making any corrections (including language and grammar) in the abstracts.
  - 12.3. Upon submission, the author can indicate the preferred presentation format (oral or poster).
  - 12.4. The Organizing Committee makes the final decision on the presentation format and may change it.
  - 12.5. The corresponding author will be informed of the final decision (abstract accepted or not accepted and the presentation format) by **1 March, 2026**.
  - 12.6. The corresponding author is responsible for informing co-authors on decisions regarding the abstract.
  - 12.7. Abstracts that do not fulfil the requirements or are submitted after the submission deadline will not be accepted.
13. Requirements for accepted presentations:
  - 13.1. Oral presentations: 7 minutes for presenting + 3 minutes for discussion.
  - 13.2. Poster presentations: 4 minutes for presenting + 2 minutes for discussion. Authors are responsible for printing their poster presentations. The poster should have the following dimensions: A0 portrait layout, 118.9 cm (height) and 84.1 cm (width).
14. Should any questions arise, please contact the organizers by email at [medconference@lu.lv](mailto:medconference@lu.lv).

### Formatting requirements (with example provided below):

1. Abstracts must be drafted in Times New Roman font with single line spacing (Single).
2. Words not in English must be italicised (*Italic*).
3. The use of commercial drug names is forbidden, authors should use international nonproprietary or generic drug names (active substance).
4. The abstract should contain the following (all headings in bold) in the following order:
  - 4.1. **Title**: a maximum of 200 characters typed in **upper case letters**, bold font, font size 12.
  - 4.2. Authors: **surname, name** (all authors in **bold**, font size 12), affiliation number (in superscript without spaces after the name);
  - 4.3. Affiliations (font size 12): name of the institution, city, country, e-mail address;
  - 4.4. Background
  - 4.5. Aim
  - 4.6. Methods
  - 4.7. Results
  - 4.8. Conclusions
  - 4.9. Acknowledgements (including conflicts of interest, funding)

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5. The maximum word count cannot exceed 400 (counting the following sections: Background, Aim, Methods, Results, Conclusions, Acknowledgements).
6. One table per abstract may be included. Each row of the table will be counted as 50 characters. If a table is included, the total word count should be reduced to 375.

**Submission formatting example:**

**TITLE**

**Family name First name<sup>1</sup>, Smith John<sup>2</sup>, ...[as in passport unless author specifies otherwise]**

<sup>1</sup>Institution, e.g. University X, city, country [institution name in English as it appears on the official website]; e-mail address

<sup>2</sup>Institution, e.g. Hospital Y, city, country

**Background.** The problem is of outstanding importance since....

**Aim.** The aim of the current study was...

**Methods.** Altogether 1000 patients were enrolled in the study ....

**Results.** 50% (n=500) were diagnosed with the disease...

**Conclusion.** The approach ....

**Acknowledgements.** Disclosure of any conflict of interest, funding and other acknowledgements...